



Food Allergy Awareness

Induction Booklet

Know my responsibilities...

Working within food service you have a responsibility under NEW Food labelling regulations (FIR 1169/2011) to understand the **14** major allergens contained within the food you prepare and serve.

This booklet will give you an understanding of your responsibilities and how you need to manage the food allergy, coeliac and intolerant customer safely as well as offering a positive dining experience.

At the end of the booklet you will be obliged to complete a knowledge check quiz, and sign to show you have read and understood the contents of this booklet, your manager will take a copy and you should retain the booklet for reference purposes.

Name:

What is my job title?

Describe your role and responsibilities and how you think the food allergen law may affect your role on a day to day basis.

You will be able to review this again after you have completed the booklet.

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Introduction to Allergies, Intolerances and Coeliac Disease

Background and statistics

Differences – Allergens, Intolerance, Coeliac Disease

Common symptoms

Dealing with anaphylactic shock

The 14 Allergens

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The most common in the UK

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Allergenic hazards

Controls at every step

The Law

**Food Information
Regulation (EU)1169/2011**

Prepacked and non-prepacked food

Prepacked food labels

Allergen information for non-prepacked food

How to comply with the Law

Congratulations!

You have completed the '**Know my Responsibilities**' for Food Allergy Awareness.

It is now time for you to put into practice what you have learnt and remember if you are unsure or do not know refer back to the information in this booklet or speak with your allergy expert or your manager to confirm requests for the customer.

To clarify that you have read and understood the information in this booklet you are required to take a 20 question quiz, which requires an 80% pass rate.

Please sign below as acknowledgment of your induction training for food allergy awareness within a food service operation.

- 1-2-1 training with manager
- Independent learning

Completed on: _____ (date)

Quiz mark: _____ / 20

Colleague signature: _____

Manager signature: _____

Note: this page should be copied and placed within the employees training record for future reference.

Notes

Notes

Food Allergy Training Consultancy

*Bringing Food Allergy Awareness
to the Food Industry*

- ✿ Level 1 – Elearning – Induction
Booklets – Food Allergy Awareness
- ✿ CIEH Level 2 Award in Food Allergen
Awareness
- ✿ RSPH Level 2 Award in Identifying and
Controlling Food Allergy Risks
- ✿ Bespoke Workshops – Food Allergy
Awareness
- ✿ Menu and Processes Consultancy
- ✿ Policy Creation
- ✿ CIEH Food Safety – Level 1–4
- ✿ HACCP – Level 2–3
- ✿ Nutrition and Special Diets – Level 1–2

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Anaphylaxis Information
supplied courtesy of
The Anaphylaxis Campaign.
Find out more information by
visiting their fact sheet pages
www.anaphylaxis.org.uk

Disclaimer: The information provided in this booklet is given in good faith. Every effort has been made to ensure accuracy. All allergy sufferers are different and specific cases need specific advice. It is not the caterer's role to give sufferers advice or make judgements on their condition. There is no substitute for medical advice.