

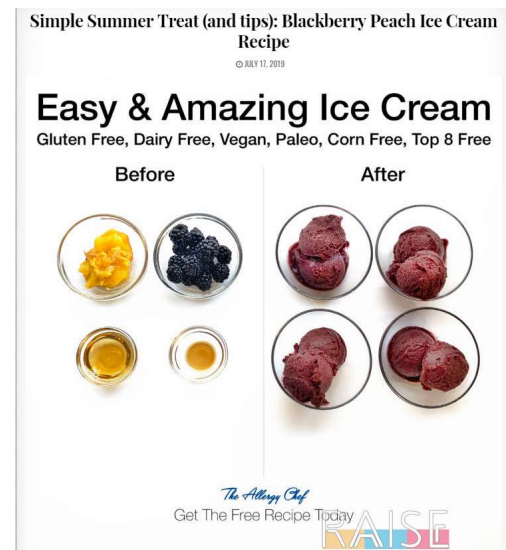
Blackberry Peach Ice-cream

Ingredients

10 – 12 ounces Organic Peach Flesh
10 ounces Organic Blackberries
4 ounces Organic Maple Syrup
1 tsp Organic Vanilla Extract

Method

- Peel the skin off your peaches and remove the stones.
- Add the flesh, blackberries, maple, and vanilla to your blender.
- Blend on high until very smooth.
- Transfer the mix to your ice cream machine and hit the start button.



For more recipe ideas like this check out Raise (www.raise.theallergychef.com)